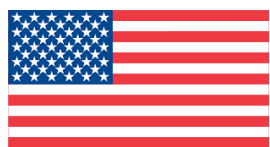


YCF DIVING

CENTRAL FLORIDA

Monthly Splash

July 2019



Junior National Championships

July 30-Aug 6
Knoxville, TN

Raquel Mason
Antonina Harned
Brandon Wegner
John Bessire

Mia Ojeda
Lanie Gutch
Carlos Lujan

Go YCF!

Mark your Calendar...

July 4...No Practice! Happy Independence Day!
July 15-22...AAU National Championships
July 30-Aug 6...USA Jr National Championships
Nov. 3.....Dive-a-Thon
Dec. 14-15.....YCF Christmas Invitational
Feb. 7-10.....YCF All Star Invitational



Melissa Girgis
Sarah Henriquez

Reminders...

Graduated Seniors:

Send cancellation forms to Ashley Thomas

Locker Rooms:

The locker rooms in the back hallway by the offices are **only for adults 18 and over**. Divers under the age of 18 will need to use the locker rooms by the lap pool.

Unfortunately, Aquatica Day has been cancelled.



A Terrific Teammate!

After finding some money, Anya Buza brought it to Coach Ginger's attention. With Anya's help, it was returned to the person who lost it.

Way to go Anya!!

Congratulations to the following divers for conquering a new dive in June!

- JO5: Antonina: 203b(1m)
Brandon: 5235d(3m)
Blair: 5333d(3m)
Lanie: 205c(7m)
- JO4: Maya: 5132d(1m)
Alisa: 303c(5m)
Dominique: 105b(1m)
Jack: 205c(3m), 105b(1m), 5132d(7m)
- JO3: Anya: 301b(1m)
Eli: 203c(5m)
Carlos: 5231d(3m)
Lyla: 301c(1m)
Mia: 5231d(3m), 404c(3m)
- JO2: McKenzie: 105c(5m)
Soleis: 301c(1m)
- JO1: Camryn: 104c(1m)



New Dives!

Summer Schedule 2x/day for \$100

- JO5...9-11:30am & 1:30-3:30pm (Mon-Fri)
- JO4...9-11am & 1:30-3pm (Mon-Fri)
- JO3...11-12:15pm & 3:30-5pm (Mon-Thurs)
- JO2...10-11:15am & 2:30-4pm (Mon-Thurs)
- JO1...3:30-5 pm (combined with JO3)
- JO1 HS....2:30-4 pm (Mon-Thurs)
- Pre-Team...11:15-12:15 and 4:00-5 pm (2 days/week, Mon-Thur)
- Lessons...9-10am (Fridays)
- Make ups...10-11am (Fridays)
- TryOuts...3-4 pm (Fridays)